

Segments are back up and running, although we are still making improvements. It may take a few days to process the segments you crossed or created.

Untitled

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Sat, Jul 5, 2014 8:33 AM Mountain Time (US & Canada) By johnjuras

Activity Type: **Cycling** | Event Type: **Uncategorized** | Course: --

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Summary

Details

Timing	Pace	Speed
Time:	5:00:33	
Moving Time:	3:55:23	
Elapsed Time:	5:00:35	
Avg Speed:	3.7 mph	
Avg Moving Speed:	4.7 mph	
Max Speed:	16.9 mph	

Elevation

Elevation Gain: 3,885 ft
 Elevation Loss: 3,911 ft
 Min Elevation: 5,437 ft
 Max Elevation: 7,530 ft

Temperature

Avg Temperature: 72.0 °F
 Min Temperature: 55.4 °F
 Max Temperature: 91.4 °F

Laps 4 [View Splits](#)

Weather

Additional Information

Map

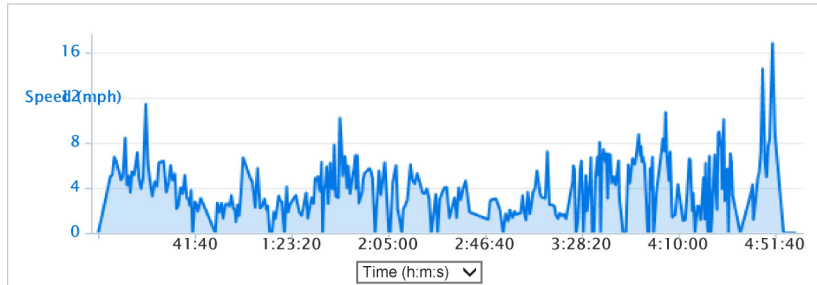
Laps



Charts

Average

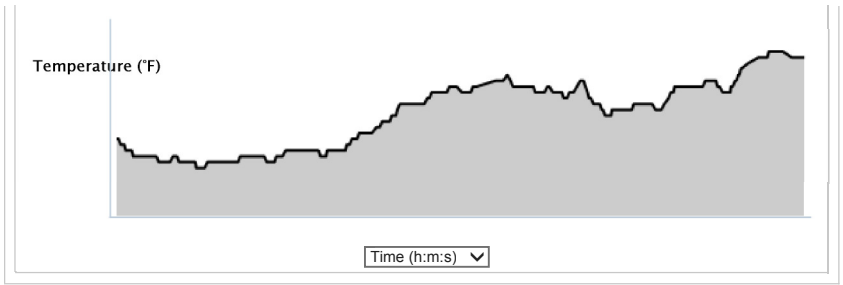
Timing



Elevation



Temperature



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